

THE P•K•P WAY

Shrimp Chopped Salad

Yields 4 servings



Ingredients

Salad

- 2 zucchini, sliced into ¼" discs or chopped
- 1 cup cherry tomatoes, quartered
- 1 yellow bell pepper, stemmed, seeded, and diced
- 2-3 steamed and peeled beets*
- 1 cup raw broccoli florets
- 1 tablespoon fresh parsley, chopped
- ½ pound shrimp, deveined and cooked**
- 1 romaine lettuce heart, chopped into ½" pieces

Dressing

- 1 shallot, diced
- 1 garlic clove, minced
- ¼ cup red wine vinegar
- ¼ cup extra-virgin olive oil

Notes

- *I used Melissa's Produce's steamed baby beets. It's so convenient because it's already pre-peeled and steamed!
- **I used frozen cooked shrimp. While doing the prep work for the salad, I took out ½ pound of the shrimp and let it thaw under cold running water. Easy peasy!

Directions

Salad

1. In a large bowl, combine all the ingredients.

Dressing

1. In a small bowl or glass measuring cup, whisk together the ingredients. Pour over the salad and toss to coat.